## IMPORTANT GUIDELINES FOR THE FIRST DAY

- Attending a new school or classroom can be a stressful time for some children. Children may be upset on the 1st day or sometimes even longer. We recommend that parents do not stay long during drop-off time as this can make the child more anxious. If your child is upset when you leave feel free to call the office anytime and we will be happy to check on your child for you.
- Children must be signed in and out every day. If you need to change your child's normal drop-off or pickup times please contact the office to make arrangements.
- Children should come to school each day dressed appropriately for current weather/temp.
- Children should bring lunch, water bottle, and snack daily. (2 snacks if staying after naptime)
- For safety reasons we require children to wear socks and rubber soled shoes every day. Dress shoes (hard soles), flip flops, or sandals are not appropriate footwear for running, climbing, and riding bikes.
- Make sure that **all** your child's belongings are **clearly labeled** with their name. Items include: school bag, lunch box, water bottle, change of clothes, coats/jackets, and blankets & crib sheets if your child naps. For health and safety concerns, if items are **not** labeled, a parent will be called to come to label all items.
- All toys should be left at home as each classroom has plenty of activities and toys for your child to experience. \*security blankets/toys or binkies are allowed\*
- If your child uses a binky, lovey, or something to sleep and soothe, please be sure to label and pack each day.
- If your child requires emergency medication, please call the Front Office to be sure we have the necessary documentation.
- If your child has an IEP or requires accommodations/additional services during the school day, please call the Front Office to go over your child's schedule/plan.
- Join us on Facebook Family and Friends of Four Seasons Childcare and Preschool.
- FSCP is on Brightwheel: Parents will be able to access billing info, important updates, and reminders.

## **SUPPLY LIST**

- School Bag standard size, without wheels please and LABELED. Should be big enough to hold folder/papers and lunch.
- Lunch Bag/Box Please LABEL (The lunch bag should fit inside the school bag with a little room for artwork and other small things such as show and tell items) All children eat lunch at school. When packing lunch, please keep in mind that we do not heat lunches.
- Two changes of clothes in a zip lock bag, labeled with your child's name. (Clothing should be appropriate for the current season when the weather changes, the teachers will send home the set to be updated.
- Ones & Twos who are potty-training should have several sets of clothing and an extra set of shoes.
- Ones & Twos who are in diapers will need to bring a supply of (approx. 20 to start) diapers and 2 packs of wipes (the teachers will let you know when your supply is running low). <a href="Pull-ups are not permitted in our program.">Pull-ups are not permitted in our program.</a>
- A crib sheet and light blanket for children who stay for nap. A crib sheet is required and needed for the cot and a child sized blanket, as classroom storage space is limited.

#### Ones:

- A light weight standard size school bag (large enough to hold a folder and lunch box)
  No wheels
- A lunch bag that fits in the school bag
- AM & PM milk cups (spill proof) clearly labelled.
- Daily AM snack (labeled) and PM snack if staying for aftercare
- Refillable water bottle daily, clearly labelled.
- Lunches **cannot** be warmed up. Please send items that are cut and ready to serve.
- Please pack a clean bib in lunch box daily.
- Diaper cream with medical protocol form in a Ziploc bag, clearly labelled.
- 3 changes of clothes clearly labeled
- A light blanket, and a fitted crib sheet (for nappers only)
- Art smock/bib
- Diapers
- Wipes
- 1 box of Quart sized Ziploc bags

#### Twos:

- Daily AM snack (labeled) and PM snack if staying for aftercare
- A labeled, full water bottle daily
- A light weight standard size school bag (large enough to hold a folder and lunch box)
  No wheels
- A lunch bag that fits in the school bag
- Lunches **cannot** be warmed up. Please send items that are cut and ready to serve.
- Diaper cream with medical protocol form in a Ziploc bag, clearly labelled.
- A complete change of clothing in a large Ziploc bag. Child's name on the bag, please.
- An extra pair of shoes. (labeled)
- A light blanket, and a fitted crib sheet (for nappers only)
- Diapers
- Wipes
- I box of Gallon sized Ziploc bags

#### **Threes:**

- A labeled, full water bottle daily
- Daily AM snack (labeled) and PM snack if staying for aftercare
- A light weight standard size school bag (large enough to hold a folder and lunch box)
  No wheels
- A lunch bag that fits in the school bag
- Lunches **cannot** be warmed up. Please send items that are cut and ready to serve.
- A complete change of clothing in a large zip lock bag. Childs name on the bag please.
- An extra pair of shoes (labeled)
- A light blanket, and a fitted crib sheet (for nappers only)
- 1 box of Quart sized Ziplock Bags
- One pack of assorted color dry erase markers

### PreK:

- A labeled, full water bottle daily
- A light weight standard size school bag (large enough to hold a folder and lunch box)
  No wheels
- A lunch bag that fits in the school bag
- Daily AM snack (labeled) and PM snack if staying for aftercare
- Lunches **cannot** be warmed up. Please send items that are cut and ready to serve.
- A complete change of clothing in a large zip lock bag. Childs name on the bag please.
- An extra pair of shoes (labeled)
- A light blanket, and a fitted crib sheet (for nappers only)
- 1 box of Gallon sized Ziplock Bags
- One pack of assorted color dry erase markers
- One pack of glue sticks
- A small flashlight (labeled)
- One pack of highlighters