

# IMPORTANT GUIDELINES FOR THE 1<sup>ST</sup> DAY

- Attending a new school or classroom can be a frightening time for some children. Many children will cry on the 1<sup>st</sup> day or even longer. We recommend that parents do not stay long during drop-off time as this makes the child more anxious. If your child is upset when you leave feel free to call the office anytime and we will be happy check on your child for you.
- Children must be signed in and out every day. If you need to change your child's normal drop-off or pick-up times please contact the office to make arrangements.
- Children should come to school each day dressed appropriately for current weather/temp.
- Children should bring lunch and a snack daily.
- Snack is provided on a rotating, alphabetical basis in each class. You will receive a note from your child's teacher when it is your turn.
- For safety reasons we require children to wear socks and rubber soled shoes every day. Dress shoes (hard soles), flip flops, or sandals are not appropriate footwear for running, climbing and riding bikes.
- Make sure that all of your child's belongings are clearly labeled with their name. Items include: school bag, lunch box, change of clothes, bike helmet, coats/jackets, and sleeping bags. For health and safety concerns, if items are not labeled, a parent will be called to come to label all items.
- All toys should be left at home as each classroom has plenty of activities and toys for your child to experience.
- Join us on Facebook - Family and Friends of Four Seasons Childcare and Preschool.

## SUPPLY LIST

- School Bag – without wheels please and LABELED.
- Lunch Bag/Box – Please LABEL (The lunch bag should fit inside the school bag with a little room for art work and other small things such as show and tell items) - All children eat lunch at school. When packing lunch, please keep in mind that we do not heat lunches.
- A change of clothes in a zip lock bag, labeled with your child's name. (Clothing should be appropriate for the current season – when the weather changes, the teachers will send home the set to be updated). Two change of clothes for Infants, One's and Two's.
- Toddlers who are “potty-training” should have several sets of clothing, and if possible, an extra set of shoes.
- Toddlers who are in diapers will need to bring a supply of (approx. 20 to start) diapers and wipes (the teachers will let you know when your supply is running low). We prefer that children not use pull-ups in our program.
- A crib sheet and sleeping bag for children who nap. A crib sheet is required and needed for the cot and a child sized sleeping bag, as classroom storage space is limited.